



## Prayers and Promises in Romans

### Lesson 1

Romans 1:8-15  
Romans 1:16-17  
Romans 1

### Lesson 2

Romans 8:15, 23-27  
Romans 3:21-30  
Romans 7

### Lesson 3

Romans 10:1 & 11:26  
Romans 6:5-11  
Romans 13

### Lesson 4

Romans 15:5-6, 30-33  
Romans 8:18; 28-29  
Romans 14

### Lesson 5

Romans 16:20-27  
Romans 12:2  
Romans

### Why study prayers and promises together?

"One of the mightiest men of prayer of the last generation was George Mueller of Bristol, England, who in the last sixty years of his life (he lived to be ninety-two or ninety-three) obtained the English equivalent of \$7,200,000.00 by prayer. But George Mueller never prayed for a thing just because he wanted it, or even just because he felt it was greatly needed for God's work. When it was laid upon George Mueller's heart to pray for anything, he would search the Scriptures to find if there was some promise that covered the case. Sometimes he would search the scriptures for days before he presented his petition to God. And then when he found the promise, with his open Bible before him, and his finger upon that promise, he would plead that promise, and so he received what he asked. He always prayed with an open Bible before him."

-R. A. Torrey on George Mueller  
"The Power of Prayer," 1924 (P. 81)

### Suggested methodology for each lesson: (More details on pages 3 & 4)

1. Fellowship, take prayer requests, pray
2. Read the text of the scripture prayer example.
3. Answer the questions A1-A7 as a group. Discuss briefly. Try to avoid answering A8 prematurely.
4. On the final A8 "Think & Pray" question everyone should take a few minutes to pray over it and jot down their own thoughts before the discussion. This gives the Holy Spirit a time to speak, so don't rush it. The class leader should watch for the pencils and pens to quit moving. Those who finish first have their Bibles to read. Encourage them to remain quiet while others are still listening to the Holy Spirit.
5. Discuss your A8 *Think & Pray* answers. Never force anyone to share theirs.
6. Read the text of the scripture Bible promise.
7. Answer the questions B1-B3 as a group. Discuss briefly. Try to avoid answering B4 prematurely.
8. On the final B4 "Think & Pray" question everyone should take a few minutes to pray over it and jot down their own thoughts before the discussion. This gives the Holy Spirit a time to speak, so don't rush it. The class leader should watch for the pencils and pens to quit moving.
9. Discuss your B4 *Think & Pray* answers. Never force anyone to share theirs.
10. For Lessons 1-4 read the Bible passage to inspire prayer. For Lesson 10 each person selects their own passage.
11. Everyone should take a few minutes and write a prayer from the passage selected. Don't rush it, this is the best part. The class leader should watch for the pencils and pens to quit moving. (Lesson 1 has some extra examples.)
12. Those who would like to share their prayers aloud should do so. Never force anyone to share theirs.
13. Ask people to share what they have learned in the session that they would like to remember.
14. Fellowship

Each lesson takes us about an hour and a half when we do it on Friday nights. We only allow 15 minutes for step 1. If people have trouble staying in those bounds, we take the prayer requests in writing and exchange them with each other to pray over during the week. Sometimes we run over and have to skip steps 15 & 16. When I taught it in Sunday School we did not have that much time, so we would take two or three weeks on each lesson.

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## Prayers & Promises Methodology Overview for the Facilitator

**Introduction:** There is several ways these course materials might be used. Each page has question with at least one possible answer on the back, or if you print them one-sided the answers are on every other page. The real teacher of the course is the Holy Spirit, so if He tells you something different than the answer on the back, that is OK. The idea of this methodology is to let Him do the teaching.

The intent of the materials is that they would be used for small groups to study in home Bible studies or at church. However, because of the embedded answers it would also be possible to use them for individual study or for Homeschool parents to use with their children. The methodology described here assumes a small group with a facilitator. The facilitator takes responsibility for organizing the class and leading the discussion towards a consensus, but the doctrines taught and conclusions reached are the responsibility of the group as a whole. This point cannot be over emphasized.

**Suggested Class Preparation:** Publish a time, schedule, place and class synopsis inviting those you hope will attend. Make enough copies for all the expected students plus a few more. Make sure the meeting room is prepared. If possible have refreshments available. (Sometimes we have a meal before the class starts.) Allow about an hour and half for the class. If you are new at this kind of thing Google things like "Tips for Facilitators" and "Classroom Facilitation" and get some ideas about how to lead a class.)

**Suggested First Class Introduction:** Make sure everyone has similar expectations by going over the items in the next section. Give out your contact information. Gather their contact information. Decide how you are going to handle exceptions to the schedule plan for holidays, inclement weather, or illness.

This is what we say in our class: "Sometimes the class might need to be canceled or the schedule otherwise altered. If we know ahead of time by at least a day we will send notifications by e-mail or facebook message. If it is less than 24 hours notice we will call each participant. Please provide your e-mail address, phone number and/or facebook name."

It is important to set the expectation that this study belongs to everyone, but if the discussion varies from the topic of the lesson, as the discussion facilitator it is your job to bring the discussion back into focus. When I explain this to our group I usually add, "Please don't take it personally. Also, no one is required to participate in the discussion, but if you do, I will take that to mean you think it has something to do with the topic of the class, and ask you to clarify it if I don't see the connection. Again, please don't take it personally." You may want to modify this expectation to better fit your particular group.

I also say something like this: "If you asked somebody about a car you would not be pleased to have them answer you as if you asked about food, and would not listen very long to their answer. For this reason we must practice listening to what is being said, not simply looking for a hook to bring up our pre-planned 'talking points.' As the facilitator, it is my job to let you know if you are talking without first listening. Everyone does that kind of thing from time to time. Please don't take it personally."

There are 5 lessons of 6 pages each, except lesson 1 has 8. We suggest you get a three ring binder to keep them. Each page is independent from the others in the sense that the questions on the front of the page have the answers on the back. Please do not look at the answers on the back until the class has had a chance to answer the question on the front as a whole. There are different kinds of questions, each with their own methodology:

**Suggested Typical Class Process:** Each class should open and close with prayer.

This is how we handle prayer requests: "At the beginning of the class we will collect prayer requests in writing and then swap them randomly so one of your classmates can pray for your requests during the week and you pray for others. The purpose of this is threefold. (1) Take advantage of the power of intercessory prayer, (2) increase Christian fellowship, (3) and free your heart and mind of outside concerns so that you might better focus on what the Holy Spirit has to teach at this moment." We found that taking prayer requests verbally sometimes consumed the entire class time. Sometimes this is fine, and it may still happen, but most of the time it was just because a few people felt like airing their gripes.

Each lesson has two sections of objective questions and four discussion type questions. I usually only hand out one page at a time to the students. This helps everyone stay focused on the current questions.

**(A) Example of Prayer in Bible:** Ask for a volunteer to read the passage aloud. If no one volunteers you read it. Make sure you allow everyone time to find the passage. Ask for volunteers to answer the objective questions (A1 - 7) Most of the time this will not generate discussion, but it might, particularly if the scripture allows for more than one interpretation. Then read question A8 and ask them to take a few minutes to jot down their thoughts. At first and occasionally later on remind them the Holy Spirit is the teacher and they should ask Him what the answer is before writing anything. Take that time to pray, consider what your answer would be, and read the suggested answer on the back, if there is one. When their pencils and pens quit moving ask the class as a whole for their comments. (You may need to set an expectation of no doodling allowed.) Draw a consensus from the group or an understanding of what possible answers there might be. The answer the group comes up with is the right answer. The answer on the back, if any, is just the viewpoint of one more person.

**(B) Scripture Promise:** (Same as above.) Except the objective questions are B1-3 and the *Think & Pray* question is B4.

**(C) Example of Using a Scripture Passage to Pray:** Someone reads the passage aloud. As with the other *Think & Pray* questions, each person writes a prayer of their own. Ask for volunteers to read their results aloud. My experience is that at first people are reluctant to do this, but after the first couple of classes they can't wait to read their answer. This depends on you setting the expectation that all comments are positive. When everyone who is willing has read their answer read the one in the materials aloud. If everyone did not read theirs aloud give them one more chance. Then lead a discussion on what everyone learned from the way different people made the scripture into a prayer. There is a place on the last page for them to make notes about this.

**Closing:** I almost always ask someone else to say the opening prayer and say the closing prayer myself. If applicable, I try to remember and use phrases and sentences from the example prayers written by the students during that lesson.

*One note of caution.* The first time we taught this course we were so excited about the prayers, we started publishing them on a website. It almost killed the class. People think and write differently when they think it will become public. After that I do not even collect the answers let alone share them outside the class. It was amazing how close we became, and how quickly, through the writing and sharing of our scripture based prayers.



## Lesson 1 - Example of Prayer in Scripture

# Romans 1:8-15

### Introduction

We will do three exercises in each lesson of this course. It might be a little awkward and confusing at first. Do not expect to understand everything to begin with. You will probably have to consult the provided answers a lot to start with. Please do not be discouraged. Just keep trying and eventually this will all come clear to you.

### **Please read Romans 1:8-10 and answer these questions.**

(A1) Who is praying? \_\_\_\_\_

(A2) Who besides God is listening? \_\_\_\_\_

(A3) What is being requested? \_\_\_\_\_

(A4) Who is/are the people who are expected to receive what is being requested? \_\_\_\_\_

(A5) How does the person praying try to convince God to answer? \_\_\_\_\_

(A6) What is the place, posture (kneeling, bowing, or what) and mode (silent, out loud, written) of the prayer? \_\_\_\_\_

(A7) What results, if any, are reported to the prayer? \_\_\_\_\_

(A8) How can we apply this to our own prayer life?

*Think & Pray* \_\_\_\_\_

**Lesson 1 - Example of Prayer in Romans 1:8-15**

(You may have to look at the context for some of the answers)

(A1) Who is praying?

Paul

(A2) Who besides God is listening?

The recipients of this letter, the Christians at Rome, and now us

(A3) What is specifically being requested?

That Paul might be able to come to them in Rome for mutual encouragement in the faith

(A4) Who is/are the expected recipient(s) of what is being requested?

Paul and the Christians at Rome

(A5) How does the person praying try to convince God to answer?

He starts with gratitude

(A6) What is the place, posture and mode of the prayer?

None of this is reported

(A7) What results, if any, are reported to the prayer?

No results are reported in this letter, but if you read Acts 28:11-31 you find that Paul did in fact make it to Rome eventually.

(A8) Thanking God for your current blessings before asking for more seems like a good idea to m.

Notes from class discussion:

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**For further thought:** For each of the scriptures below determine if it is an example of prayer or a teaching on prayer. If it is a teaching, what is Paul teaching about prayer. If it is an example of prayer answer these questions:

(1) Who is praying? (2) Who besides God is listening? (3) What is being requested? (4) Who is/are the people who are expected to receive what is being requested? (5) How does the person praying try to convince God to answer? (6) What is the place, posture (kneeling, bowing, or what) and mode (silent, out loud, written) of the prayer? (7) What results, if any, are reported to the prayer? (8) How can we apply this to our own prayer life?

[a9] Eph. 2:18

[a10] Phil. 1:2-11

[a11] 1st Thess. 1:1-3

[a12] 1st Thess. 3:9-10

[a13] 2nd Thess. 2:13

[a14] 2nd Tim. 1:12-17



## Lesson 1 - Scripture Promise

# Romans 1:16-17

"For I am not ashamed of the gospel, for it is the power of God for salvation to everyone who believes, to the Jew first and also to the Greek. For in it the righteousness of God is revealed from faith to faith; as it is written, 'But the righteous man shall live by faith'."

**Please Read Romans 1:16-17 and answer these questions.**

(B1) Who is speaking to whom?

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(B2) What is promised to whom?

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(B3) What are the conditions of the promise being fulfilled, if any?

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(B4) Does this promise apply to us? Why or why not?

*Think & Pray* \_\_\_\_\_

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! But the righteous man shall live by faith !

**Lesson 1 - Scripture Promise in Romans 1:16-17**

(B1) Who is speaking to whom?

Paul is speaking to the Christians at Rome. Rm 1:1-6

(B2) What is promised to whom?

The power of God for salvation to everyone.

(B3) What are the conditions of the promise being fulfilled, if any?

They must believe

(B4) I need to be careful what I believe. Exactly what needs to be believed is described in much detail in the remainder of this letter to the Romans.

Notes from class discussion:

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**For further thought:**

For each of the scriptures below determine if it is a promise or a teaching about promises or neither. If it is a teaching about promises what is Paul teaching? If it is a promise what is promised to whom under what conditions and how does the promise apply to us? If it is neither, what is it?

- [b5] 1 Cor 1:2
- [b6] 1 Cor 15:22 & 58
- [b7] 2 Cor 5:17-21
- [b8] Galatians 3:13-17
- [b9] Eph. 1:1-11
- [b10] Eph 5:8
- [b11] Philippians 2:13
- [b12] Colossians 1:22
- [b13] Colossians 3:12
- [b14] 1 Thess 4:16-17
- [b15] 2 Thess 2:13-14
- [b16] 1 Tim 2:4-5
- [b17] 2 Tim 2:11-13
- [b18] Titus 2:11-14
- [b19] Philemon 1:25





## Lesson 1 - Scripture Inspired Prayer

# Romans

The third exercise in each lesson will consist of taking a passage of the Bible and using it to write a prayer. This is best learned by example so before we try to do the passage in Romans let's look at a couple of examples.

### Scripture Inspired Prayer EXAMPLE 1

Philippians 4:1-7	... becomes this prayer:
1 So then, my brothers, you are dearly loved and longed for—my joy and crown. In this manner stand firm in the Lord, dear friends.	Thank you God for my brothers and sisters in Christ. Help us all to stand firm in the Lord as we enjoy each other and understand what a privilege You have given us to share Your love.
2 I urge Euodia and I urge Syntyche to agree in the Lord.	Help us to do that. Help us to love each other with Your love.
3 Yes, I also ask you, true partner, to help these women who have contended for the gospel at my side, along with Clement and the rest of my coworkers whose names are in the book of life.	Father give us generosity for those who work in the ministry, and wisdom to know how best to support them in Your work.
4 Rejoice in the Lord always. I will say it again: Rejoice!	May we all rejoice in You, again and again.
5 Let your graciousness be known to everyone. The Lord is near.	Holy Spirit, You are always near at hand, within and without. May Your graciousness become known through the way we love each other and our kindness to strangers.
6 Don't worry about anything, but in everything, through prayer and petition with thanksgiving, let your requests be made known to God.	Father, help me to remember with gratitude Your grace in the past, so that I do not fear the future.
7 And the peace of God, which surpasses every thought, will guard your hearts and minds in Christ Jesus.	Lord Jesus Christ, please guard my heart and my mind, so that I might enjoy that unthinkable peace that only Your people can have. Amen

Try doing one on your own. Before you try to do one in writing, try just doing one in your head. Use Ephesians 6:10-20. How I did it is on the next page. Then go on to page 11 and try one in writing.

#### FORT PEACE

A Joyful 'toon by Mike Waters



Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

— PHILIPPIANS 4:6,7 NIV

## Lesson 1 - Scripture Inspired Prayer EXAMPLE 2

Here is how I re-wrote the exhortation from Paul to us in Ephesians 6:10-20 as a prayer asking God to help us to do what Paul says.

<b>This verse becomes</b>	<b>this prayer</b>
10 Finally, be strong in the Lord and in the strength of His might.	Lord, please help me to be strong. Give me a portion of your mighty power.
11 Put on the full armor of God, so that you will be able to stand firm against the schemes of the devil.	Clothe me in your full armor, so that I might stand firm against the schemes of the devil.
12 For our struggle is not against flesh and blood, but against the rulers, against the powers, against the world forces of this darkness, against the spiritual forces of wickedness in the heavenly places.	Help me understand that my struggle is not against flesh and blood, but against the rulers, against the powers, against the world forces of this darkness, against the spiritual forces of wickedness in the heavenly places.
13 Therefore, take up the full armor of God, so that you will be able to resist in the evil day, and having done everything, to stand firm.	Please, God, give me your complete armor, so that I will be able to resist in the evil day, and stand firm, doing all that is needful.
14 Stand firm therefore, HAVING GIRDED YOUR LOINS WITH TRUTH, and HAVING PUT ON THE BREASTPLATE OF RIGHTEOUSNESS,	Make me to stand firm, put on me the belt of Your truth, and the breastplate of Your righteousness.
15 and having shod YOUR FEET WITH THE PREPARATION OF THE GOSPEL OF PEACE;	Prepare me with the Gospel of Peace so that my feet will be prepared to go where Your Spirit guides me.
16 in addition to all, taking up the shield of faith with which you will be able to extinguish all the flaming arrows of the evil one.	Put on my arm the strong shield of sincere faith in You, so that it will extinguish the flaming arrows of the evil one's lies.
17 And take THE HELMET OF SALVATION, and the sword of the Spirit, which is the word of God.	Protect my mind with the helmet of your salvation, and put in my hands the sword of the Spirit, which is the word of God.
18 With all prayer and petition pray at all times in the Spirit, and with this in view, be on the alert with all perseverance and petition for all the saints,	Lord, help me to remember to pray at all times in the Spirit so that I might be alert to the needs of those around me and diligent to pray for my fellow Christians.
19 and pray on my behalf, that utterance may be given to me in the opening of my mouth, to make known with boldness the mystery of the gospel,	Father, I lift up to you those called into the ministry of the Gospel, that utterance will be given to them, so that they may open their mouths and make known the Gospel with boldness.
20 for which I am an ambassador in chains; that in proclaiming it I may speak boldly, as I ought to speak.	Lord, help me remember that I also have the duty to proclaim your Gospel boldly. Amen.



## Lesson 1 - Scripture Inspired Prayer

(C) We selected Romans 1:8-16

One possible way of many:

8 First, I thank my God through Jesus Christ for you all, because your faith is being proclaimed throughout the whole world	Father, because of what Jesus Christ has done on the cross I am now able to come to You at any time in prayer. I thank You. Let my faith be honoring to You.
9 For God, whom I serve in my spirit in the preaching of the gospel of His Son, is my witness as to how unceasingly I make mention of you,	Help me to serve You by sharing the gospel of Jesus. Let me not forget to pray often for others who share the Good News by being missionaries, street preachers, and jail evangelists.
10 always in my prayers making request, if perhaps now at last by the will of God I may succeed in coming to you.	I pray for opportunities to fellowship with other believers in Bible study, praise and worship.
11 For I long to see you so that I may impart some spiritual gift to you, that you may be established;	Encourage me to be a blessing to others in the faith so that they might grow strong in the Lord.
12 that is, that I may be encouraged together with you while among you, each of us by the other's faith, both yours and mine.	Let me not discourage others or receive unthankfully the blessings and encouragement they might share with me.
13 I do not want you to be unaware, brethren, that often I have planned to come to you (and have been prevented so far) so that I may obtain some fruit among you also, even as among the rest of the Gentiles.	Father, I pray for Your guidance and will concerning my work among my fellow Christians.
14 I am under obligation both to Greeks and to barbarians, both to the wise and to the foolish.	I am indebted to Sunday School teachers, preachers, evangelists and others who have instructed me and encouraged me in my walk. Whether great or small, all have contributed to my guidance. I praise you for them all.
15 So, for my part, I am eager to preach the gospel to you also who are in Rome.	Increase my desire to share your Word with others. Give me a thirst and hunger to do so
16 For I am not ashamed of the gospel, for it is the power of God for salvation to everyone who believes, to the Jew first and also to the Greek	and never let me be ashamed of the Good News about Christ. It is Your powerful method of bringing all who believe it to heaven. Thank You Father, for making a way for me, who was born a Gentile and not a Jew, to have Salvation. AMEN

What did you learn from the prayers of the other people in the class?

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----- ANSWERS -----

**Lesson 2 - Example of Prayer in Romans**

(You may have to look at the context before and after for some of the answers)

(A1) Who is praying?

The Holy Spirit

(A2) Who besides God is listening?

No one

(A3) What is specifically being requested?

The Will of God

(A4) Who is/are the expected recipient(s) of what is being requested?

Us

(A5) How does the person praying try to convince God to answer?

With groanings too deep for words

(A6) What is the place, posture and mode of the prayer?

Within ourselves

(A7) What results, if any, are reported to the prayer?

Our weakness is helped

(A8) Like babies in a crib in the dark of night, we have only to cry out and our loving Father will comfort us and tend to our needs. This is one of my favorite things about being a Christian.

Notes from class discussion:

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**For further thought:** For each of the scriptures below determine if it is an example of prayer or a teaching on prayer. If it is a teaching, what is Paul teaching about prayer? If it is an example of prayer answer these questions:

(1) Who is praying? (2) Who besides God is listening? (3) What is being requested? (4) Who is/are the people who are expected to receive what is being requested? (5) How does the person praying try to convince God to answer? (6) What is the place, posture (kneeling, bowing, or what) and mode (silent, out loud, written) of the prayer? (7) What results, if any, are reported to the prayer? (8) How can we apply this to our own prayer life?

[a9] Ephesians 3:14-21

[a10] Phil. 4:19-23

[a11] Col. 4:12

[a12] 1st Thess. 3:11-13

[a13] 1st Thess. 5:23-24

[a14] 2nd Thess. 3:5



## Lesson 2 - Scripture Promise

# Romans 3:21-30

**Please Read Romans 3:21-30 and answer these questions:**

(B1) Who is speaking to whom?

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(B2) What is promised to whom?

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(B3) What are the conditions of the promise being fulfilled, if any?

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(B4) Does this promise apply to us? Why or why not?

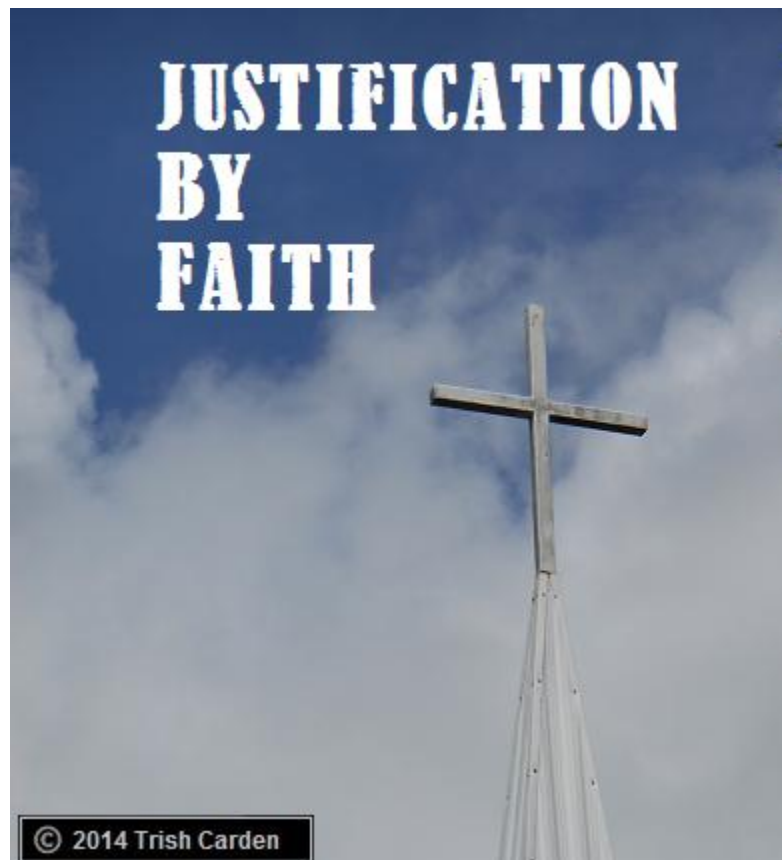
*Think & Pray* \_\_\_\_\_

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**Lesson 2 - Scripture Promise in Romans**

(B1) Who is speaking to whom?

Paul is speaking as God's ambassador to the readers of the epistle. (Rom 1:1-6)

(B2) What is promised to whom?

Redemption and propitiation is promised. Paul makes it very clear that the promise is intended for everyone, Jews & Gentiles.

(B3) What are the conditions of the promise being fulfilled, if any?

Trusting Jesus Christ.

(B4) Yes, it does if we trust the Lord Jesus Christ. We can be sure we are saved, because it is salvation by His righteousness, not ours. We have only to examine our heart and see if we truly trust Him to know we are saved.

Notes from class discussion:

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**For further thought:**

For each of the scriptures below determine if it is a promise or a teaching about promises or neither. If it is a teaching about promises what is Paul teaching? If it is a promise what is promised to whom under what conditions and how does the promise apply to us? If it is neither, what is it?

- [b5] 1 Cor 1:18
- [b6] 2 Cor 1:3-4
- [b7] 2 Corinthians 7:1
- [b8] Gal 3:27-29
- [b9] Eph 2:8
- [b10] Ephesians 6:2-3
- [b11] Philippians 4:6-7
- [b12] Colossians 1:27
- [b13] 1 Thess 1:4
- [b14] 1 Thess 5:9-10
- [b15] 2 Thess 3:5
- [b16] 1 Tim 4:8
- [b17] 2 Tim 3:16-17
- [b18] Titus 3:4-7
- [b19] Philemon 1:6





## Lesson 2 - Scripture Inspired Prayer

(C) Change the passage Romans 7:14-25 into a prayer:

One possible way of many:

<b>This verse becomes</b>	<b>this prayer</b>
14 For we know that the Law is spiritual, but I am of flesh, sold into bondage to sin.	Father, you created the Law and I am a law breaker; a slave to sin.
15 For what I am doing, I do not understand; for I am not practicing what I would like to do, but I am doing the very thing I hate.	I decide one way, but then I act another, doing things I absolutely despise. Forgive me. Help me.
16 But if I do the very thing I do not want to do, I agree with the Law, confessing that the Law is good.	I can't be trusted to figure out what is best for my life. It is obvious that Your laws are needed to show me right from wrong.
17 So now, no longer am I the one doing it, but sin which dwells in me.	I want your help to keep sin from guiding me.
18 For I know that nothing good dwells in me, that is, in my flesh; for the willing is present in me, but the doing of the good is not.	The power of sin within me keeps subverting my best intentions.
19 For the good that I want, I do not do, but I practice the very evil that I do not want.	I realize that I don't have what it takes.
20 But if I am doing the very thing I do not want, I am no longer the one doing it, but sin which dwells in me.	I can't live right without you. I decide to do good, but I fall short; I decide not to do bad, but then I do it anyway.
21 I find then the principle that evil is present in me, the one who wants to do good	The evil inside me gets the better of me every time.
22 For I joyfully concur with the law of God in the inner man,	Give me a desire to delight more in Your law; the very law that is written on my heart.
23 but I see a different law in the members of my body, waging war against the law of my mind and making me a prisoner of the law of sin which is in my members.	But I can not obey Your rules because the control of sin is too powerful for me. Part of me secretly rebels.
24 Wretched man that I am! Who will set me free from the body of this death?	I've tried everything and nothing helps. Father set me free from this struggle.
25 Thanks be to God through Jesus Christ our Lord! So then, on the one hand I myself with my mind am serving the law of God, but on the other, with my flesh the law of sin.	Thank you that Jesus Christ has set things right in my life of inconsistency. Give me power to serve You with all my heart and mind. AMEN

What did you learn from the prayers of the other people in the class?

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### Lesson 3 - Example of Prayer in Scripture

## Romans 10:1 & 11:26

Please read **Romans 10:1**; **Romans 11:26** and all necessary context to answer these:

(A1) Who is praying? \_\_\_\_\_

(A2) Who besides God is listening? \_\_\_\_\_

(A3) What is being requested? \_\_\_\_\_

(A4) Who is/are the people who are expected to receive what is being requested? \_\_\_\_\_

(A5) How does the person praying try to convince God to answer? \_\_\_\_\_

(A6) What is the place, posture (kneeling, bowing, or what) and mode (silent, out loud, written) of the prayer? \_\_\_\_\_

(A7) What results, if any, are reported to the prayer? \_\_\_\_\_

(A8) How can we apply this to our own prayer life? \_\_\_\_\_

Think & Pray \_\_\_\_\_



Consequently, faith comes from hearing the message, and the message is heard through the word of Christ. ROMANS 10:17 NIV

**Lesson 3 - Example of Prayer in Romans**

(You may have to look at the context before and after for some of the answers)

(A1) Who is praying?  
Paul Rm 10:1

(A2) Who besides God is listening?  
The Roman Christians who received this epistle and all who have read it since

(A3 & A4) What is specifically being requested for whom?  
Salvation of the lost people describe in Romans chapter 9

(A5) How does the person praying try to convince God to answer?  
He offers to go to them and preach the Gospel. Rm 10:14-15

(A6) What is the place, posture and mode of the prayer?  
Written, but often prayed at other times

(A7) What results, if any, are reported to the prayer?  
The results are not here reported, but given that most Christians came that way partly or in full as a result of Paul's ministry, I think it safe to say this prayer was answered. In Rm 11:26 Paul makes the remarkable statement, " and so all Israel will be saved..." What could that mean?

(A8) As part of our prayers for the lost it is a good idea to offer God our services in bringing about the desired results. This offer should take the form of a plea for the privilege rather than a reluctant willingness.

Notes from class discussion:

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**For further thought:** For each of the scriptures below determine if it is an example of prayer or a teaching on prayer. If it is a teaching, what is Paul teaching about prayer? If it is an example of prayer answer these questions:

(1) Who is praying? (2) Who besides God is listening? (3) What is being requested? (4) Who is/are the people who are expected to receive what is being requested? (5) How does the person praying try to convince God to answer? (6) What is the place, posture (kneeling, bowing, or what) and mode (silent, out loud, written) of the prayer? (7) What results, if any, are reported to the prayer? (8) How can we apply this to our own prayer life?

[a9] 2nd Cor. 12:7-10

[a10] Ephesians 1:15-20

[a11] 1st Thess. 5:17-19

[a12] 1st Thess. 5:25

[a13] 2nd Thess. 1:11-12

[a14] 2nd Tim. 1:2



### Lesson 3 - Scripture Promise

# Romans 6:5-11

**Please Read Romans 6:5-11 and answer these questions:**

(B1) Who is speaking to whom?

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(B2) What is promised to whom?

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(B3) What are the conditions of the promise being fulfilled, if any?

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(B4) Does this promise apply to us? Why or why not?

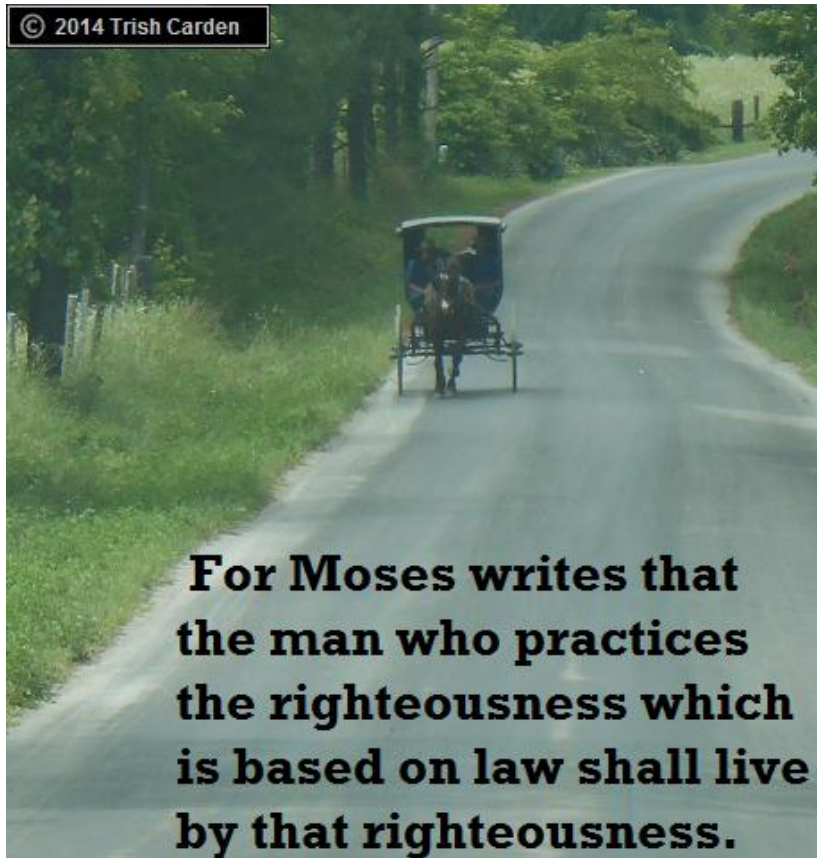
*Think & Pray* \_\_\_\_\_

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**Lesson 3 - Scripture Promise in Romans**

(B1) Who is speaking to whom?

Paul is speaking as God's ambassador to the readers of the epistle. (Rom 1:1-6)

(B2) What is promised to whom?

Eternal life to all

(B3) What are the conditions of the promise being fulfilled, if any?

United with Christ in the likeness of His death.

(B4) We should stop focusing on ourselves and our sins, and be free of that whole cycle of repent, rationalization, repeat, repent, etc. etc. Call sin, sin and start thinking of it as something you used to do, and be surprised when it reoccurs, and determined not to do it again. Allow Jesus Christ to do the justifying. If you try to excuse and justify yourself, you are just putting on the sin chains again.

Notes from class discussion:

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**For further thought:**

For each of the scriptures below determine if it is a promise or a teaching about promises or neither. If it is a teaching about promises what is Paul teaching? If it is a promise what is promised to whom under what conditions and how does the promise apply to us? If it is neither, what is it?

- [b5] 1 Cor 2:9
- [b6] 2 Cor 2:14
- [b7] 2 Cor 9:6-8
- [b8] Galatians 4:4-5
- [b9] Ephesians 2:10
- [b10] Philippians 1:6-11
- [b11] Philippians 4:12-13
- [b12] Colossians 2:10
- [b13] 1 Thess 1:10
- [b14] 1 Thess 5:23
- [b15] 1 Tim 1:5
- [b16] 1 Tim 6:6
- [b17] 2 Tim 4:8
- [b18] Philemon 1:3





## Lesson 3 - Scripture Inspired Prayer

(C) Change the passage Romans 13:1-7 into a prayer:

One possible way of many:

13 Every person is to be in subjection to the governing authorities. For there is no authority except from God, and those which exist are established by God.	Father, all governments are under your control. Help me to obey my government and the laws it institutes, because You have instituted government to maintain order in the world. You are the God who removes kings and sets up kings.
2 Therefore whoever resists authority has opposed the ordinance of God; and they who have opposed will receive condemnation upon themselves.	Lord, you have not given me the freedom to drive my car at whatever speed I desire. When the government sets a speed limit this law is not violating Your Word. Help me to slow down and obey the speed limit laws my government sets.
3 For rulers are not a cause of fear for good behavior, but for evil. Do you want to have no fear of authority? Do what is good and you will have praise from the same;	Thank for policemen who are there to protect us.
4 for it is a minister of God to you for good. But if you do what is evil, be afraid; for it does not bear the sword for nothing; for it is a minister of God, an avenger who brings wrath on the one who practices evil.	They have been sent by God to help us observe the laws. Without them we would soon have chaos and anarchy.
5 Therefore it is necessary to be in subjection, not only because of wrath, but also for conscience' sake.	Prick my conscience when I am driving faster than the limit.
6 For because of this you also pay taxes, for rulers are servants of God, devoting themselves to this very thing..	Father, give our leaders wisdom to make godly laws that are not in violation of your Holy Word.
7 Render to all what is due them: tax to whom tax is due; custom to whom custom; fear to whom fear; honor to whom honor	Help me to not only pay any taxes that I owe but give me the strength not complain about it. When I object to paying taxes because the money is being misused or even used for evil purposes remind me that this is not relevant. When Jesus said, "Give to Caesar...", the Roman government was by no means a righteous government. AMEN

What did you learn from the prayers of the other people in the class?

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# Lesson 4 - Example of Prayer in Scripture

## Romans 15:5-6

Please read Romans 15:5-6 and answer these questions:

(A1) Who is praying? \_\_\_\_\_

(A2) Who besides God is listening? \_\_\_\_\_

(A3) What is being requested? \_\_\_\_\_

(A4) Who is/are the people who are expected to receive what is being requested? \_\_\_\_\_

(A5) How does the person praying try to convince God to answer? \_\_\_\_\_

(A6) What is the place, posture (kneeling, bowing, or what) and mode (silent, out loud, written) of the prayer? \_\_\_\_\_

(A7) What results, if any, are reported to the prayer? \_\_\_\_\_

(A8) How can we apply this to our own prayer life? \_\_\_\_\_

Think & Pray \_\_\_\_\_



May the God who gives endurance and encouragement give you a spirit of unity among yourselves as you follow Christ Jesus,  
- ROMANS 15:5 NIV

**Lesson 4 - Example of Prayer in Romans**

(You may have to look at the context before and after for some of the answers)

(A1) Who is praying?  
Paul

(A2) Who besides God is listening?  
The Roman Christians who received this epistle and all who have read it since

(A3) What is specifically being requested?  
Unity of mind and worship

(A4) Who is/are the expected recipient(s) of what is being requested?  
We are

(A5) How does the person praying try to convince God to answer?  
He mentions that the results of the prayer will ultimately be the glorification of God with a unified voice.

(A6) What is the place, posture and mode of the prayer?  
Written

(A7) What results, if any, are reported to the prayer?  
None yet, however, this prayer will be answered because it is in the will of God.  
See Isaiah 45:23, Romans 14:11 and Philippians 2:10.

(A8) Since unity of thought and worship is God's will, shouldn't we include asking for it in our regular prayers?

Notes from class discussion:

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**For further thought:** For each of the scriptures below determine if it is an example of prayer or a teaching on prayer. If it is a teaching, what is Paul teaching about prayer? If it is an example of prayer answer these questions:

(1) Who is praying? (2) Who besides God is listening? (3) What is being requested? (4) Who is/are the people who are expected to receive what is being requested? (5) How does the person praying try to convince God to answer? (6) What is the place, posture (kneeling, bowing, or what) and mode (silent, out loud, written) of the prayer? (7) What results, if any, are reported to the prayer? (8) How can we apply this to our own prayer life?

[a9] Eph 3:11-12

[a10] Eph. 5:15-20

[a11] Colossians 1:9-12

[a12] 1st Thess. 5:28

[a13] 2nd Thess. 2:16-17

[a14] 2nd Tim. 4:18



# Lesson 4 - Scripture Promise

# Romans 8:28

**Please Read Romans 8:28 and answer these questions:**

(B1) Who is speaking to whom?

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(B2) What is promised to whom?

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(B3) What are the conditions of the promise being fulfilled, if any?

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(B4) Does this promise apply to us? Why or why not?

*Think & Pray* \_\_\_\_\_

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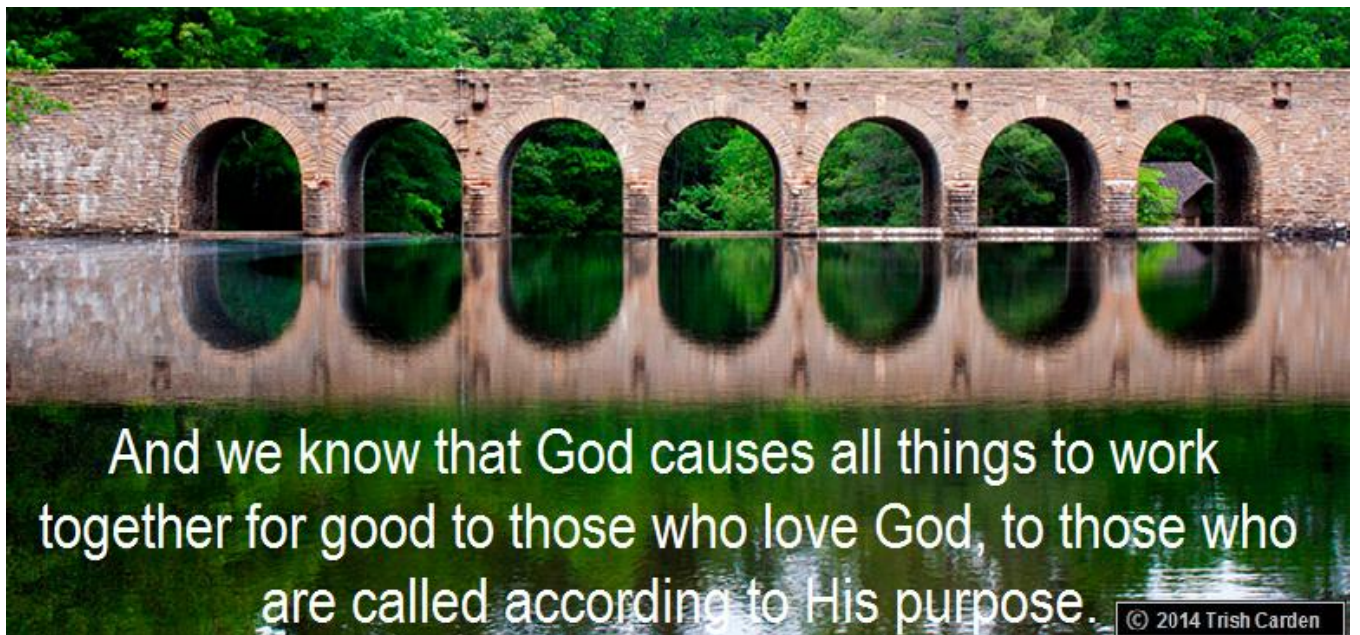
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**Lesson 4 - Scripture Promise in Romans**

(B1) Who is speaking to whom?

Paul is speaking as God's ambassador to the readers of the epistle. (Rom 1:1-6)

(B2) What is promised to whom?

That God will cause all things to work together for good for all who meet the conditions

(B3) What are the conditions of the promise being fulfilled, if any?

Loving God and hearing his call to fulfill His purpose

(B4) If we love God and turn our attention to what His purposes are everything will turn out good.

Notes from class discussion:

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**For further thought:**

For each of the scriptures below determine if it is a promise or a teaching about promises or neither. If it is a teaching about promises what is Paul teaching? If it is a promise what is promised to whom under what conditions and how does the promise apply to us? If it is neither, what is it?

[b5] Romans 8:18

[b6] 1 Cor 3:22-23

[b7] 2 Cor 3:18

[b8] Gal 1:3-4

[b9] Gal 5:16 & 25

[b10] Eph 3:20

[b11] Philippians 1:21

[b12] Philippians 4:19

[b13] Col 2:13-14

[b14] 1 Thess 2:19-20

[b15] 2 Thess 1:5-10

[b16] 1 Tim 1:14-16

[b17] 1 Tim 6:17

[b18] 2 Tim 4:18



## Lesson 4 - Scripture Inspired Prayer

(C) Change the passage Romans 14:12-17 into a prayer:

One possible way of many:

12 So then each one of us will give an account of himself to God.	Father in heaven, to You alone am I accountable. I know that one day I will face You.
13 Therefore let us not judge one another anymore, but rather determine this—not to put an obstacle or a stumbling block in a brother’s way.	Let me not judge others deciding what’s right for them or what is wrong for them. Let me not get in the way of someone else by making life more difficult than it already is for them.
14 I know and am convinced in the Lord Jesus that nothing is unclean in itself; but to him who thinks anything to be unclean, to him it is unclean.	Lord I know I have Christian liberty to engage in certain kinds of activities that may be a sin for others. Let me be aware that I may be causing my brother or sister in Christ to doubt or have an unsteady Christian walk by exercising this freedom. Help me to have wisdom.
15 For if because of food your brother is hurt, you are no longer walking according to love. Do not destroy with your food him for whom Christ died.	Empower me to give up anything that can be bad for someone else's spiritual growth, anything that harms my testimony or can cause other Christians to stumble.
16 Therefore do not let what is for you a good thing be spoken of as evil;	Help me to live a balanced life; not falling into a legalistic lifestyle or to the other extreme of falling into a loose lifestyle of undisciplined living.
17 for the kingdom of God is not eating and drinking, but righteousness and peace and joy in the Holy Spirit.	Father let my ultimate goal be to glorify You, edify fellow believers, and have a good reputation before unbelievers. AMEN

What did you learn from the prayers of the other people in the class?

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# Lesson 5 - Example of Prayer in Scripture

## Romans 15:30-33

Please read Romans 15:30-33 and answer these questions:

(A1) Who is praying? \_\_\_\_\_

(A2) Who besides God is listening? \_\_\_\_\_

(A3) What is being requested? \_\_\_\_\_

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(A4) Who is/are the people who are expected to receive what is being requested? \_\_\_\_\_

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(A5) How does the person praying try to convince God to answer? \_\_\_\_\_

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\_\_\_\_\_

(A6) What is the place, posture (kneeling, bowing, or what) and mode (silent, out loud, written) of the prayer? \_\_\_\_\_

(A7) What results, if any, are reported to the prayer? \_\_\_\_\_

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(A8) How can we apply this to our own prayer life?

*Think & Pray*

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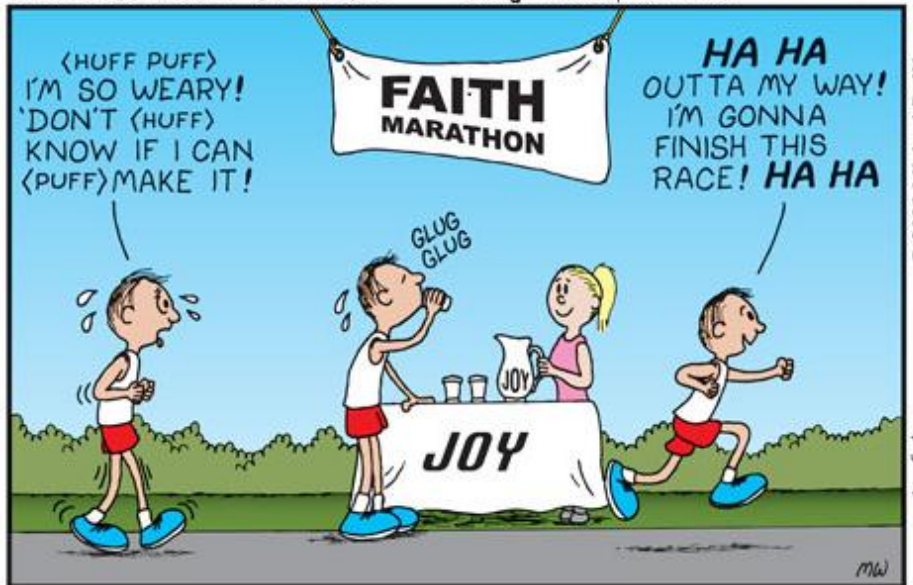
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### REFRESHMENT STATION

A Joyful 'toon by Mike Waters



so that by God's will I may come to you with joy and together with you be refreshed.

- ROMANS 15:32 NIV

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www.joyfultoons.com

----- ANSWERS -----

**Lesson 5 - Example of Prayer in Romans**

(You may have to look at the context before and after for some of the answers)

(A1) Who is praying?

Paul's readers

(A2) Who besides God is listening?

Unknown

(A3) What is specifically being requested?

Rescue from persecution in Judea, acceptable service in Jerusalem, and that Paul might come to Rome. The "strive together with me in your prayers" probably refers to Paul's prayer in Acts 1:8-15 where he asks for some of the same things. See lesson 1.

(A4) Who is/are the expected recipient(s) of what is being requested?

Paul and the Christians in Rome and Jerusalem.

(A5) How does the person praying try to convince God to answer?

By agreeing together in prayer. Jesus Himself says in Matthew 18:19 "Again I say to you, that if two of you agree on earth about anything that they may ask, it shall be done for them by My Father who is in heaven."

(A6) What is the place, posture and mode of the prayer?

Not reported

(A7) What results, if any, are reported to the prayer?

No results are reported in this letter, but if you read Acts 21-28 you find that Paul did in fact make it to Rome eventually via Jerusalem and although he meets opposition in Jerusalem his life is rescued.

(A8) Praying together in agreement with other believers is effective prayer.

Notes from class discussion:

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**For further thought:**

For each of the scriptures below determine if it is an example of prayer or a teaching on prayer? If it is a teaching, what is Paul teaching about prayer. If it is an example of prayer answer these questions:

(1) Who is praying? (2) Who besides God is listening? (3) What is being requested? (4) Who is/are the people who are expected to receive what is being requested? (5) How does the person praying try to convince God to answer? (6) What is the place, posture (kneeling, bowing, or what) and mode (silent, out loud, written) of the prayer? (7) What results, if any, are reported to the prayer? (8) How can we apply this to our own prayer life?

[a9] Romans 16:20 (Also look for the unconditional promise here.)

[a10] Phil. 4:6-7

[a11] Col. 1:3-8

[a12] Col. 4:2-4

[a13] 2nd Thess. 1:3

[a14] 2nd Thess. 3:1-2





# Lesson 5 - Scripture Promise

# Romans 12:2-3

Please Read Romans 12:2-3 and answer these questions:

(B1) Who is speaking to whom?

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(B2) What is promised to whom?

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(B3) What are the conditions of the promise being fulfilled, if any?

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(B4) Does this promise apply to us? Why or why not?

Think & Pray \_\_\_\_\_

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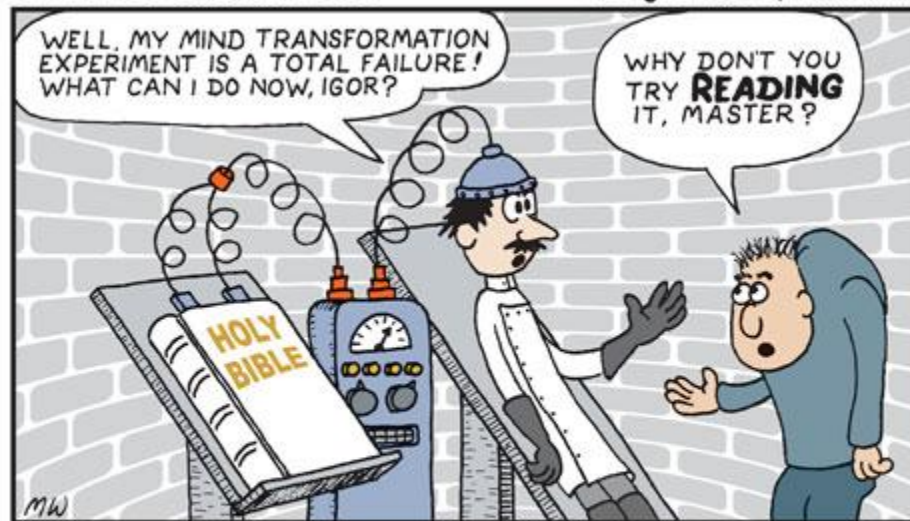
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### TRANSFORMATION

A Joyful 'toon by Mike Waters



Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will. -ROMANS 12:2 NIV

**Lesson 5 - Scripture Promise in Romans**

(B1) Who is speaking to whom?

Paul is speaking as God's ambassador to the readers of the epistle. (Rom 1:1-6)

(B2) What is promised to whom?

A renewed mind and a measure of faith to us, the readers

(B3) What are the conditions of the promise being fulfilled, if any?

Offering ourselves completely to God.

(B4) Yes, I believe it does apply to all of us. The more we turn our focus off ourselves and seek to conform ourselves to Him, the more useful we will be to the Kingdom, and the more blessed we will be.

Notes from class discussion:

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**For further thought:**

For each of the scriptures below determine if it is a promise or a teaching about promises or neither. If it is a teaching about promises what is Paul teaching? If it is a promise what is promised to whom under what conditions and how does the promise apply to us? If it is neither, what is it?

[b5] 1 Cor 6:19-20

[b6] 2 Cor 4:7

[b7] Gal 2:20

[b8] Gal 5:22-23

[b9] Eph 4:24

[b10] Philippians 2:10-11

[b11] Colossians 1:12-13

[b12] Colossians 3:1-4

[b13] 1 Thess 3:13

[b14] 2 Thess 1:11-12

[b15] 1 Tim 1:17

[b16] 2 Tim 1:7-12

[b17] Titus 1:1-2

[b18] Philemon 1:17-21



## Lesson 5 - Scripture Inspired Prayer

(C) Change the passage Romans 8:26-31 into a prayer:

One possible way of many:

<p>26 In the same way the Spirit also helps our weakness; for we do not know how to pray as we should, but the Spirit Himself intercedes for us with groanings too deep for words;</p>	<p>Father in heaven, thank you for sending the Holy Spirit to help me with my praying. For when I don't know what I should pray for, the Holy Spirit prays for me with feelings that cannot be expressed in words.</p>
<p>27 and He who searches the hearts knows what the mind of the Spirit is, because He intercedes for the saints according to the will of God.</p>	<p>You know all that is in my heart. You know what the Spirit is saying as He pleads for me in harmony with Your own will.</p>
<p>28 And we know that God causes all things to work together for good to those who love God, to those who are called according to His purpose.</p>	<p>Help me to remember that all that happens to me is working for my good since I love You, Father, and it is what You have planned.</p>
<p>29 For those whom He foreknew, He also predestined to become conformed to the image of His Son, so that He would be the firstborn among many brethren;</p>	<p>You already know me. I am special to You. You love me and have a plan for my life. You have adopted me as your child. Praise You for Your love.</p>
<p>30 and these whom He predestined, He also called; and these whom He called, He also justified; and these whom He justified, He also glorified.</p>	<p>It was Your purpose since the beginning of the world to call me to Yourself. When I came, You declared me "not guilty," filled me with Christ's goodness, gave me right standing with Yourself, and promised me glory. I am unworthy.</p>
<p>31 What then shall we say to these things? If God is for us, who is against us?</p>	<p>Thank you for such planning and love. If You are on my side, who can ever be against me? AMEN</p>

What did you learn from the prayers of the other people in the class?

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